



MASTERMIND GUIDELINES

"The Mastermind is an alliance of two or more people working in harmony with a positive mental attitude toward a definite end."

- Napoleon Hill

- 1) The average Mastermind group works best with two to ten members, no more than twelve – time is the constraint.
- 2) Meet regularly, weekly if possible. Have a pre-planned agenda to follow. It's best to have the leader, timekeeper, and note taker assigned ahead of time.
- 3) If you are in different cities, the meeting can be conducted on a conference call, Skype or any other reliable meeting provider of your choice.
- 4) Your Mastermind call should run like a "Swiss Watch." Ensure the call is timely. If you have committed to a 60-minute call, keep it within that time frame. Everyone's time is very important, use it wisely. The Mastermind leader should keep the call flowing smoothly. It is best when the leadership position rotates from one member to another. The timekeeper is responsible for timing each person's participation during the call to ensure it is kept on track. Use a watch, a stopwatch or the timer right on your cell phone. As well, the note taker's role is very valuable for the recap of the call.
- 5) Roll Call - The group leader should welcome each member as they join the call and assign each person a number (i.e. if there are 6 people on the call, each person would have a number from 1-6). This numbering system is used to designate order by which each person will speak.
- 6) Start the meetings by reading the Mastermind Principles. This is quite possibly one of the most important points of a call. The group can decide to have the leader read aloud all 7 principles and the Dedication and Covenant as the group follows along or you can take turns so each member of the group can reading aloud until you have finished with the Dedication and Covenant.
- 7) Good News - Start with each member sharing their "win for the week." This will create the right vibration to get the call started in a positive direction. Allow each person 1-2 minutes to share their win.

- 8)** Feedback and Support - Each Mastermind member needs to be prepared for the call to ensure maximum benefit for everyone. The timekeeper determines how much time each person is allocated, making certain to leave time at the end for agreeing who will lead the next call, keep time, etc. It is important that everyone understands the designated amount of time allotted is both to state their request and receive the group's response. Therefore, if the total time allocated for each person is 4 minutes and it takes 3 minutes for that person to share their request for feedback and support, it allows the group only a minute to respond. At the end of the person's time the time keeper would say "Time is up." and the next person would be asked to begin.
- 9)** Each member should be supported emotionally and verbally from the other group members. For example: Someone wants a new home. One member might say, "I see you driving up to your glorious new home and I see your children running through your green grassy backyard." Or someone on the call might provide expertise, resources or a good contact in the real estate arena. The principle is that we can believe for others what they cannot fully believe for themselves. These are not idle words. You must create and project to the Mastermind a clear vision of what the words represent.
- 10)** Depending upon length of your call and the number in attendance, you may decide to leave room for a "free for all" or open discussion at the end, at which time anyone and everyone would have a chance to speak.



I BEGIN EVERY MASTERMIND MEETING BY READING THESE SEVEN MASTERMIND PRINCIPLES

I RELEASE

I release myself to the Master Mind because I am strong when I have others to help me.

I BELIEVE

I believe the combined intelligence of the Master Mind creates a wisdom far beyond my own.

I UNDERSTAND

I understand that I will more easily create positive results in my life when I am open to looking at myself and my problems and opportunities from another's point of view.

I DECIDE

I decide to release my desire totally in trust to the Master Mind and I am open to accepting new possibilities.

I FORGIVE

I forgive myself for mistakes I have made. I also forgive others who have hurt me in the past so I can move into the future with a clean slate.

I ASK

I ask the Master Mind to hear what I really want; my goals, my dreams and my desires, and I hear my Master Mind partners supporting me in my fulfillment.

I ACCEPT

I know, relax, and accept; believing that the working power of the Master Mind will respond to my every need. I am grateful knowing this is so.

DEDICATION AND COVENANT

"I now have a covenant in which it is agreed that the Master Mind shall supply me with an abundance of all things necessary to live a success-filled and happy life.

I dedicate myself to be of maximum service to God and my fellow human beings,

to live in a manner that will set the highest example for others to follow and to remain an open channel of God's will. I go forth with a spirit of enthusiasm, excitement and expectancy."



333 STORY

BY BOB PROCTOR

I was conducting a seminar, which ran from Thursday night to Sunday, at the Deerhurst Lodge, which is a resort approximately 100 miles north of Toronto. On the Friday night, a tornado swept through Barrie, Ontario, a town about 40 miles south of Deerhurst. The tornado killed a dozen people and did millions of dollars worth of damage. On the Sunday night, as I was coming home, I stopped the car when I got to Barrie. I got out on the side of the highway and looked around. It was a mess. Everywhere I looked, there were smashed houses and cars turned upside down.

That same night, another gentleman, Bob Templeton, was driving down the same highway. He and I had never met, however, an idea from my seminar was about to bring us together in a lasting friendship. He stopped to look at the disaster, just as I had, only his thoughts were different than my own. Bob was the Vice-President of Telemedia Communications, a company which owns a string of radio stations in Ontario and Quebec. As he stood there viewing the disaster, he thought there must be something he could do for these people (with the radio stations he had). That thought kept returning to his mind that night and all the next day.

The following night, I was doing another seminar in Toronto. Bob Templeton and Bob Johnson, another vice-president from Telemedia, came in and stood at the back of the room. They were evaluating my seminar, trying to decide if I could help their company reach its goals, which I ultimately did. Because of Bob Templeton's influence, I subsequently worked for the entire Canadian broadcasting industry. He loved what I was doing in my seminars because it was in harmony with his way of thinking. Bob Templeton became fascinated with the laws of the universe, particularly The Law of Polarity or as it is often referred to, The Law of Opposites. This law clearly states everything has an opposite. You cannot have an up without a down, hot without cold or in without out. By the same token, if you can figure out why something you want to do cannot be done, by law, you must be able to figure out how it can be done. People who accomplish great things are aware of the negative, however, they give all of their mental energy to the positive. After the seminar, Bob Templeton went back to his office. He told me it was late but this one idea he picked up had him excited. It also had him committed to the idea of raising millions of dollars and giving it to the people who had been caught in the tornado, and he was going to raise the money immediately! Furthermore, he was not remotely interested in why he couldn't.

The following Friday he called all of his executives at Telemedia into his office. At the top of a flip chart in bold letters, he wrote three 3's. He said to his executives "How would you like to raise 3 million dollars, 3 days from now, in just 3 hours and give the money to the people in Barrie?" There was nothing but silence in the room.

Finally someone said, "Templeton, you're crazy. There is absolutely no way we could raise 3 million dollars, in 3 hours, 3 days from now!"

Bob said, "Wait a minute. I didn't ask you if we could or even if we should. I just asked you if you would like to." Bob Templeton was wise; he was appealing to the charitable side of their nature. It was important for those present to openly admit that this was something they wanted to do. Bob Templeton knew that his new idea could show anyone how to accomplish anything they wanted by working with the law.

They all said, "Sure, we'd like to." He then drew a large T underneath the 333. On one side he wrote, 'Why We Can't.' On the other side he wrote, 'How We Can.' Under the words, 'Why We Can't,' Bob Templeton drew a large X. As he placed the X on the flip chart, he said, "Now there is no place to record the ideas we think of which explain why we can't raise 3 million dollars, in 3 hours, 3 days from now, regardless of how valid they might be." He continued by explaining, "When anyone calls out an idea which suggests why we can't, everyone else must yell out as loud as they can, NEXT. That will be our command to go to the next idea. Ideas are like the cars on a train, one always follows the other. We will keep saying Next until a positive idea arrives."

Bob smiled and continued to explain that, "Opposite the X on the other side of the flipchart, directly under the words, 'How We Can,' I will write down every idea that we can come up with on how we can raise 3 million dollars, in 3 hours, 3 days from now." He also suggested in a very serious tone of voice, that everyone will remain in the room until we figure it out. "We are not only going to think of how we can raise 3 million dollars immediately, after we originate the ideas we are going to execute them!" There was silence again.

Finally, someone said, "We could do a radio show across Canada."

Bob said, "That's a great idea," and wrote it down under, 'How We Can.'

Before he had it written on the right hand side of the flipchart, someone said, "You can't do a radio show across Canada. We don't have radio stations across Canada!" Since Telemedia only had stations in Ontario and Quebec, you must admit that was a pretty valid objection. However, someone in the back of the room, in a rather soft tone said, "Next."

Bob Templeton replied, "Doing a radio show is how we can. That idea stays." But this truly did sound like a ridiculous idea, because radio stations are very competitive. They usually don't work together and to get them to do so would be virtually impossible according to the standard way of thinking.

All of a sudden someone suggested, "You could get Harvey Kirk and Lloyd Robertson, the biggest names in Canadian broadcasting, to anchor the show." These gentlemen are anchors of national stature in the Canadian television industry. Someone clearly spoke out saying, "They're not going to go on radio." But, at that point the group yelled, "NEXT." Bob said that was when the energy shifted; everyone

got involved and it was absolutely amazing how fast and furious the creative ideas began to flow.

That was on a Friday. The following Tuesday they had a radiothon, where 50 radio stations, from all across the country, agreed to work in harmony for such a good cause. They felt it didn't matter who got the credit, as long as the people in Barrie got the money. Harvey Kirk and Lloyd Robertson anchored the show and they succeeded in raising 3 million dollars, in 3 hours, within 3 business days!

You see, you can have whatever you want; all things are possible when you put your focus on how you can and "Next" every idea telling you why you can't.

This may be a difficult exercise in the beginning, however when you persist "Nexting" any and all negative concepts, the flow of positive ideas will roar into your marvelous mind.

Alfred Adler, the renowned psychologist, coined the extraordinary phrase "I am grateful to the idea that has used me." There can be no doubt that creative, forward thinking ideas literally breathe new life into every fibre of your being. They awaken a part of you that you never even knew was sleeping.

Bob Templeton never received five cents for the leadership role he played, in marshalling 50 radio stations from right across Canada, to raise the three million dollars for the people of Barrie, Ontario in Canada. However, you must remember that this is truly an orderly universe; God's way of running this show is exact—when you put good out, it must come back.

I shared this story, when it happened, with two good friends of mine, Jack Canfield and Mark Victor Hansen. They were so intrigued by the story, they published it in their book *Chicken Soup for the Soul*.

A while back I was doing a satellite television broadcast for RE/MAX Real Estate with Mark Victor Hansen and he was telling me that, at last count, they had sold six million copies of their book. He also told me they are constantly receiving letters from people who read the '333 story' and use it to perform similar mental magic in their lives.

Think of it, millions upon millions of people are making positive things happen in their lives because Bob Templeton would not listen to the reasons why he and his staff could not raise 3 million dollars, in 3 hours, just 3 days after they began to brainstorm the idea. By the way, Bob Templeton has told me he and his staff have formed the habit of '333ing' their wants and, as a result, he has gone on to become the President of NewCap Broadcasting company, a highly profitable corporation, with stations right across Canada. It is my opinion that Bob Templeton has set up a force for good that will follow him wherever he goes. Profit has become his second name. Begin at once to '333' all of your wants and profit will follow you as well.

Excerpt from Bob Proctor's *You Were Born Rich*